

The Art of Skin Care



Greetings!

For more than eight years I have been a medical esthetician and have been performing my craft at a medical day spa in beautiful La Jolla, California. I consider myself an expert at chemical peels as I am extensively trained in the process and have done literally hundreds of peels ~ on skin of all types, colors and conditions.

The peels I will be choosing are from PCA Skin Care. They are "Enhanced Jessner's Treatments".

These innovative and proven light-to-medium depth peel formulas effectively exfoliate with blends of lactic, citric and salicylic acids and resorcinol ~ while bleaching and inhibiting pigment production with kojic acid and hydroquinone (where indicated).

These peels help to repair and reduce breakouts, control oil, soften lines and provide a more even, smoother skin texture. There is no real down time. You may or may not experience a light sloughing or flaking of the skin ~ it really depends on where your skin is at in it's cellular turn over. I will be able to customize your peel to meet your specific skin care needs.

Typically my clients start to peel by the third day and are done peeling by the seventh day. Makeup may be worn the day after your treatment which can camouflage signs of peeling.

The cost of your Enhanced Jessner Peel is offered to you at a price of \$85 (cash only please) per person, plus \$20 for your Post Skin Care kit. A couple of items I want to reiterate, as some of you may have apprehensions about having a "chemical peel". I am here to tell you...DON'T BE WORRIED!

With the types of peels I apply, there is little to no redness which lasts only approximately twenty minutes to one hour - Post peel. You will leave looking quite normal after the treatment. The following day your skin will look great - kind of like you've had a mini-face lift. The next 5-7 days your skin will start to die and slough off and when your done with the peeling process, your skin will look refreshed and new.

There is another method to achieve a great exfoliation, which is a "micro-dermabrasion" treatment. MD is a mechanical means to exfoliate surface layers of dead skin cells, leaving your skin looking smoother and tighter with a very healthy glow. This may be a preferred treatment for someone who really doesn't want the visible peeling or flaking.

Feel free to contact me with any questions or concerns



Marla St. Clair

Licensed Esthetician 619.300.4957 marlastclair@yahoo.com